

# **Traditional Healing Clinic**

Dilico Anishinabek Family Care will be offering a bi-monthly Traditional Healing Clinic lasting four days with a Traditional Healer, Cultural Coordinators, and a Traditional Liaison.

### The Traditional Healing Clinics will offer:

- Traditional Feast on Day 1 (afternoon/evening arrival), Day 2, Day 3 (midday), and Day 4 (midday/departure)
- Washdown Ceremony on Day 1 in the evening at Eatons (Court Street)
- Sweatlodge on Day 2 in the afternoon at Anemki (Fort William) location
- Traditional Healing walk-in sessions on Day 3 (all day) at Eatons (Court Street)
- Traditional Teachings/ Activity Day 3 (all day) at Eatons (Court Street)

There will be 10 spots available for people to attend; travel, meals and accommodations will be provided by Dilico Anishinabek Family Care. Please inform on universal referral form, special preferences for accessibility and special diet. Hotel will be booked in downtown Port Arthur area close to Dilico Court Street office location. Dilico Health Services can assist with signing off letters for those who require as per NIHB for confirmation of conditions and/or escorts.

### What is provided by Dilico:

- Travel from home community and return travel arranged on own for private car, if wanting to take the bus please let us know and can book for you.
- Participants travelling in from community and staying at hotel 3 nights
- Meals supplied at Traditional Healing Clinic 4 Feasts (evening first day, 3 midday feasts on days 2, 3 and 4).
- Breakfast and other meals will be covered up front by Dilico, but will require client to sign NIHB reimbursement form.
- Nutritional snacks and refreshments throughout 4 days
- Local transportation to Sweatlodge at Dilico Head Office site on Fort William First Nation and back to hotel or address in city.
- Local transportation to and from hotel or address in city, hotel will be close to office if participant chooses to walk.



## Application Package includes (complete as best you can):

- Universal Referral Form. Please indicate on page 1 'for Traditional Healing Clinic' and only fill out page 2 - information will be used for contact/intake purposes.
  Please indicate accessibility and special diet on this form as well.
- Client Consent Form for charting purposes.
- Sweatlodge/Traditional Medicines Waiver Form for informed consent for ceremony
- Copy of Traditional Healing Clinic Information Sheet What to expect

Applications packages will be sent out to each First Nation for members to access, but if require a package or need help, please contact the following:

Tina Dennis, Mental Health Nursing Manager

James Anderson, Family Health Team Manager

(807) 623-8511 or email <a href="mailto:Communications@dilico.com">Communications@dilico.com</a>

We will be uploading the application package onto Dilico website in the New Year.

#### Applications submission date:

- Submission deadline for applications will be one-two weeks prior to 4-day clinic to ensure that preparation can be made. One of our Health Clinical Administrative assistants will call at this time to confirm appointments with participants and then call to confirm 2 days prior to trip.
- If you miss a deadline for an upcoming clinic, please send in your application and we will process you for the next clinic date. Below are dates for clinics.

January 31 to February 3, 2023	
March 28-31, 2023	
June 6-9, 2023	
August 1-3, 2023	